

Syllabus for the post of Institute Counsellor

1. Mental health and wellbeing of students ; Understanding, Growing challenges , promotion and management , and kind of therapies, understanding one's self in social context, Self-concept, self-image, self-perception and self-regulations in mental health and illness; resilience, coping and social support.
2. Diagnostic Skills for Early Identification and Management of Common Mental Health Concerns, handling of special cases and crisis management, socio emotional development including adolescent mental health, Encounters and indicators, psychological assessments.
3. Diagnosis and intervention of disorders including mood, neurosis, somatoform and substance use.
4. Emotional and Behavioural Emergencies and handling thereof
5. Planning Sensitization & Collaboration with Stakeholders
6. Emerging Concerns for Children with Special Circumstances; Mental Health Perspectives
7. Outreach activities; psycho-educational prevention programs for students
8. Expectations of students and structural support, peer support, approaches and interventions in the rehabilitation processes; importance of care givers, Psycho-Social Support to Students
9. Current trends in counselling; diversity issues in counselling, trauma counselling, psychotherapy